



**Jessica's
House**

Grief support for children, teens,
young adults and their families

Recommended Books For Children

Pre-Littles 0-4

What do I Hear by Annie Kubler

Duck & Goose, How Are You Feeling by Tad Hills

Ten Little Fingers by Mem Fox

Don't Worry Bear by Greg Foley

Breathe like a Bear by Kira Willey

A Little Spot of Feelings by Diane Alber

The Goodbye Book by Todd Parr

A New Alphabet for Humanity by Leesa McGregor

My Many Colored Days by Dr. Seuss

Llama Llama Roja Pijama by Anna Dewdney

I Was So Mad by Mercer Mayer

Something Very Sad Happened by Bonnie Zucker

All my Treasures by Jo Witek

Why Did it Happen? Helping Children Cope in a Violent World by Janice Cohn

The Way I Feel by Janan Cain

The Mixed-Up Chameleon by Eric Carle

The Color Monster by Anna Llenas

Bear Has a Story to Tell by Philip C. Stead

Cat Heaven by Cynthia Rylant

Forget Me Not by Michael Brood



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Recommended Books For Children

Littles 5-8

The Rabbit Listened *by Cori Doerfield*

When I feel Sad *by Cornelia Maude Spelman*

My Magic Breath *by Nick Ortner*

Today I feel Silly *by Jamie Lee Curtis*

Love *by Matt de la Pena*

I am Peace *by Susan Verde*

Til we Meet Again *by Julie Muller*

Honey Bear Died *by Jennifer E. Melvin*

The Cool Bean *by Jory John*

Bear has a Story to Tell *by Philip C. Stead*

Wemberly Worried *by Kevin Henkes*

Waiting Is Not Easy! *by Mo Willems*

When Dinosaurs Die: A Guide to Understanding Death *by Laurie Krasny Brown*

When a Pet Dies *by Fred Rogers*

Invisible String *by Patrice Kent*

Where do they go? *by Julia Alvarez*

I Miss You: A First Look at Death *by Pat Thomas*

**Is Daddy Coming Back in a Minute?: Explaining (sudden) Death in Words Very Young
Children Can Understand** *by Elke Barber and Alex Barber*

Alexander and the Terrible, Horrible, No Good, Very Bad Day *by Judith Viorst*

I Miss You *by Pat Thomas*

Ish *by Peter H. Reynolds*

After the Fall *by Dan Santat*

Remember the Secret *by Elisabeth Kubler-Ross*

Rabbityness *by Jo Empson*



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Littles 5-8 cont.

The Velveteen Rabbit *by Maria S. Barbo*

Kat's Surrender *by Theresa Martin Golding*

A Stopwatch from Grandpa *by Loretta Garbutt*

The Dead Bird *by Margaret Wise Brown*

Hooray for You *by Marianne Richmond*

Visiting Feelings *by Lauren J. Rubenstein JD PsyD*

Addys Cup of Sugar *by Jon J. Muth*

When I feel Worried *by Cornelia Maude Spelman*

When You Are Brave *by Pat Zietlow Miller*

What do you do with a Problem *by Kobi Yamada*

My Big, Dumb, Invisible Dragon *by Angie Lucas*

Annie and the Old One *by Miska Miles and Peter Parnall*

Sad Isn't Bad: a Good- Grief Guidebook for Kids Dealing with Loss *by Michaelene Mundy*

Stacy Had a Little Sister *by Wendie C. Old*

The Tenth Good Thing About Barney *by Judith Viorst*

Saying Goodbye to Daddy *by Judith Vigna*

After the Funeral *by Jane Loretta Winsch*

The Badger's Parting Gifts *by Susan Varley*

The Rag Coat *by Lauren A. Mills*

Ida, Always *by Caron Levis*

Nana Upstairs and Nana Downstairs *by Tomie dePaula*

Memory Box *by Joanna Rowland*

The Fall of Freddie the Leaf *by Leo Bascaglia*

The Next Place *by Warren Hanson*



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Littles 5-8 cont.

Tess's Tree *by Jess M. Brallier*

My Grandson, Lew *by Charlotte Zolotow*

Always By My Side *by Susan Kerner*

Not the End *by Mari Dombkowski*

In My Heart *by Jo Witek*

Edna *by Susan Paradis*

Am I Still a Sister? *by Alicia M. Sims*

Missing Mommy *by Rebecca Cobb*

Lost in the Clouds *by Tom Tinn-Oisbury*

I Will Always Love You *by Melissa Lyons*

Here in the Garden *by Briony Stewart*

Squirrels Busy Day *by Lucy Barnard*

Not the End of the Chavez Family, A Family's Journey Through Grief *by Mari Dombkowski*

Kids Learn About Death and Celebrating Life *by Billie Staton Humphrey*

The Day You Begin *by Jacqueline Woodson*

Hello Happy *by Stephn Clarkson*

Here in the Garden *by Briany Stewart*

Children Also Grieve: Talking about Death and Healing *by Linda Goldman*

No Worries *by Lily Murray and Katie Abey*

Ecargot *by Dashka Slater*

Bear Hugs *by Kathleen Hague*

Brave Bart *by Caroline H. Sheppard*

Grief is Like a Snowflake *by Julia Cook*

A Terrible Thing Happened *by Margaret M. Holmes*

I'm not Scared Crisp *by Dan Crisp*



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Littles 5-8 cont.

Everett Anderson's Goodbye *by Lucille Clifton*

Firebird *by Misty Copeland*

Johnathan James and the What If Monster *by Michelle Nelson-Schmidt*

Rachael and the Upside Down Heart *by Eileen Douglas*

What Does That Mean? *by Harold Ivan Smith for Children*

Daddy's Chair *by Sandy Lanton*

Until We Meet Again *by Susan Jones*

Because The Sky Is Everywhere *by Nancy Sharp*

Tell Me Papa: Answers to Questions Children Ask about Death and Dying *by Joy*

Johnson and Marvin Johnson

Stella Our Star *by Mandi Kowalik*

You've got Dragons *by Katheryn Cave*

Straight from the Siblings: Another Look at the Rainbow *by Gerald G. Jampolsky*

The Giving Tree *by Shel Silverstein*



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Middles 9-12

The Accident *by Carol Carrick*

Some of the Pieces *by Madenski Melissa*

To Hell with Dying *by Alice Walker*

The Little Prince *by Antoine de Saint-Exupery*

Chronicles of Narnia (Set of Seven Books) *by C. S. Lewis*

Hope for the Flowers *by Trina Paulus*

Tear Soup *by Pat Schwiebert and Chuck DeKlyen*

No New Baby: For Boys and Girls Whose Expected Sibling Dies *by Marilyn Gryte*

Annie and the Sand Dobbies *by John B. Coburn*

A Taste of Blackberries *by Doris Buchanan Smith*

Charlotte's Web *by E. B. White*

Learning to Say Goodbye: When a Parent Dies *by Eda J. LeShan*

A Part of Me Died, Too *by Virginia Lynn Fry*

A Birthday Present for Daniel: A Child's Story of Loss *by Juliet Cassuto Rothman*

The Boy and the Dolphin *by John Christopher Fine*

A Punkin in the Frost *by Fred J. Fisher*

Bridge to Terabithia *by Katherine Paterson*

Missing May *by Cynthia Rylant*

The Gift of Acabar *by Og Mandino*

How it Feels When a Parent Dies *by Jill Krementz*

Just One Tear *by Kate L. Mahon*



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Recommended Books For Children

Teens 13-17

When a Friend Dies: A Book for Teens About Grieving and Healing by Marilyn E.

Gootman

Chicken Soup for the Teenage Soul by Jack Canfield, Mark Victor Hansen, and Kimberly

Kirberger

Losing Someone You Love: When a Brother or Sister Dies by Elizabeth Richter

Everything You Need to Know about Grieving by Karen Bornemann Spies

Help for the Hard Times: Getting Through Loss by Earl Hipp

The Girl Death Left Behind by Lurlene McDaniel

I will Remember You: What to Do When Some You Love Dies, a Guidebook Through

Grief for Teens by Laura Dower

Healing Your Grieving Heart for Teens: 100 Practical Ideas by Alan D. Wolfelt

Grief Recovery for Teens: Letting Go of Painful Emotions with Body-Based

Practices by Coral Popowitz

Weird is Normal When Teenagers Grieve by Jenny Lee Wheeler

Facing Change: Falling Apart and Coming Together in the Teen Years by Donna B.

O'Toole

The Anxiety Workbook for Teens by Lisa M. Schab

The Grieving Teen: A Guide for Teenagers and Their Friends by Helen Fitzgerald



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Recommended Books For Adults

Young Adults 18-25

Young Adults Coping with Death: You Are Not Alone *by Jennifer Kaplan*



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Recommended Books For Adults

Caregivers

Adolescent Encounters With Death, Bereavement and Coping by David Balk and
Charles A. Corr

Are You Like Me? A Children's Book About Suicide by Bobbie Kalman

Helping Bereaved Children by Nancy Boyd Webb

Helping Grieving People: When Tears Are Not Enough by J. Shep Jeffreys

Retelling Violent Death by Edward K. Rynearson

Violent Death: Resilience and Intervention Beyond the Crisis by Edward K. Rynearson

Adults

When Bad Things Happen to Good People by Harold S. Kushner

After Suicide Loss: Coping with Your Grief by Bob Baugher, Ph.D. & Jack Jordan, Ph.D.

After the Death of a Child by Ann K. Finkbeiner

After a Parent's Suicide: Helping Children Heal by Margo Requarth

Bearing the Unbearable: Love, Loss, and the Heartbreaking Path of Grief by Joanne Cacciatore

Beyond Tears, Living After Losing a Child by Ellen Mitchell

Children Grieve Too: A Handbook for Parents of Grieving Children and Teens by Lauren
Schneider, LCSW

Disenfranchised Grief by Kenneth Doka

**Grieving the Loss of Someone You Love: Daily Meditations to help you Through the Grieving
Process** by Raymond R. Mitsch and Lynn Brookside

Grievers Ask by Harold Ivan Smith

Healing Your Grieving Heart by Alan Wolfelt

Helping Children Cope with Grief by Alan Wolfelt

How To Go On Living When Someone You Love Dies by Therese Rando

Questions for Quiet Times by Dillon Woods

Real Men Do Cry by Erin Hipple

Saying Goodbye: How Families Can Find Renewal Through Loss by Barbara Okun and Joseph
Nowinski

Shadows in Winter: A Memoir of Love and Loss by Dr. Eitan Fishbane

Tear Soup by Pat Schweibert and Chuck Deklyer

This Thing Called Grief by Thomas Ellis

The Grieving Child, A Parent's Guide by Helen Fitzgerald

The Journey Through Grief and Loss by Robert Zucker

The Empty Room: Understanding Sibling Loss by Elizabeth DeVita-Raeburn

What Does That Mean? by Harold Ivan Smith and Joy Johnson

We Get It: Voices of Grieving College Students and Adults, by Heather L. Servaty & David C.
Fajgenbaum

After Suicide Loss by Jack Jordan & Bob Baugher